

# How To Build A Sandcastle

**Goal** – Your goal is to build a nice sandcastle.

## Equipment

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## Method

1. Fill your bucket to the top with sand.
2. Quickly flip the bucket upside down, ensuring no sand falls out.
3. Gently pull the bucket upwards.
4. Repeat until you have the desired amount of sandcastles.
5. Carefully place the seaweed and shells decoratively on your sandcastle and set the flag on top.

## Suggestion

Carve patterns around the outside of your castle to give it a unique look.

# How to Cook Porridge

**Goal** – Your goal is to create a healthy, nutritious breakfast.

## Ingredients

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## Equipment

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## Method

1. Pour the oats into the saucepan.
2. Pour the milk or water and stir vigorously to remove all the lumps.
2. Turn the stove up to high and heat for 10 to 15 minutes, stirring continuously.
3. Once the porridge is nice and thick, pour it into the bowl.
4. Top with sugar, honey, or syrup to taste.
5. Serve straight away so that your porridge is still warm.



## Safety

Make sure you stir the porridge continuously while it is on the stove to ensure that it does not stick to the pan and burn.